



Kirsten Ardery

August 26, 1929 - March 15, 2019

Traverse City – Kirsten Ardery, 89 of Traverse City passed away March 15, 2019 at her home.

Kirsten was born Kirsten Aars-Nicolaysen in Sarspsborg, Norway on August 26, 1929. She graduated from Oslo Ortopediske Institutt as a physical therapist in 1950 and, in 1951, moved to Dayton, Ohio where she worked for Miami Valley Hospital for 2 years. On May 13, 1953 Kirsten married James D. Ardery in Oslo, Norway. They lived in Dayton until 1977 when James retired and they moved to Traverse City, Michigan. While in Dayton she started and taught childbirth education classes for 25 years.

Kirsten was a dedicated volunteer for Munson Medical Center and the Multiple Sclerosis Swim Program. She enjoyed all outdoor activities particularly skiing and golfing. She was a member of the Traverse City Golf and Country Club, The Elks Club, the Friendly Garden Club and the Presbyterian Church.

Kirsten was preceded in death by her husband James.

Surviving are her children Susanne (David) Roeder of Pinehurst, N.C., Donald (Ellen) Ardery of Minneapolis, MN, Eric Ardery of Durham, N.C., and Craig (Karen) Ardery of Traverse City; five grandchildren, seven great grandchildren; sister Karen Husebye of St. Paul, MN and three half sisters, Benedicte, Rita and Vibeke, in Oslo, Norway.

The family will celebrate Kirsten's life privately. She will be interred at David's Cemetery in Ohio.

In lieu of flowers, memorial contributions may be directed to your charity of choice.

Please visit www.reynolds-jonkhoff.com to share your memories with the family.

Comments



“ Kirsten was such a special person. We first met when she became a swim volunteer at camp Roy-El. Later in life, possibly late 70s, she called to tell me her husband had died and she had a choice, “lay down and die or get up and go “! She joined us As I am adaptive ski volunteer. What an inspiration to us all!

beth woods - March 24, 2019 at 08:05 AM



“ My sincerest sympathy to Kirsten's family. I was a member of the Dayton Childbirth Education Association which she helped found. Kirsten inspired me to go into nursing and teach childbirth education classes at DCEA and Miami Valley Hospital from 1972-1982. She was so well respected in the community and really inspired the whole natural childbirth movement in Dayton. I remember her with admiration and acknowledge your great loss.

Linda Mercuri Fischbach
Dayton, Ohio

Linda Mercuri Fischbach - March 23, 2019 at 11:23 AM



“ Your mother was a recent friend, met over the bridge table. She was such a gentle person, yet clearly a very strong woman. Although I knew she was older than I, it was a surprise to see her age; she had the spirit and presence of much younger person. I admired her so much and am saddened not to see her one more time.

Bonnie Willings

bonnie willings - March 22, 2019 at 08:37 AM



“ I am very saddened to hear about Kirsten's passing. She is a beloved neighbor, was so friendly, outgoing and was always on the go, zipping around in her Subaru! Kirsten loved to ski so we would share our skiing stories up until a few years ago. If only I will be so lucky to have an active life hers! Kirsten will be dearly missed....our prayers and condolences to the entire family. Beth & Dave Karczewski

Elizabeth Karczewski - March 22, 2019 at 08:00 AM



“ Kirsten was my beloved neighbor for over 30 years. She was so outgoing, kind, and full of life! I'm sending prayers & love to her family. Jackie Monigold

Jacqueline Monigold - March 22, 2019 at 11:28 AM



“ Kirsten's friendship was a gift to all who knew her. She will be dearly missed. Our heartfelt sympathy to her family. Joyce and Bruce Rogers

Joyce Rogers - March 22, 2019 at 03:26 PM



“ Oh gosh! I will miss our lovely conversations at my roadside stand, and at the farm when she came for eggs. What a delightful woman, she was! May you find comfort in your many memories.

Wendy Warren

Wendy Warren - March 23, 2019 at 12:55 PM



“ It was a delight to know her on the ski hill and off. What a very special lady! She will be greatly missed. Sandy Cartwright

sandy Cartwright - March 24, 2019 at 09:25 PM



“ Although I hadn't seen Kirsten since I was in her Childbirth

Education classes in 1954, I was aware that she moved to

Traverse City and am forever grateful for her instructions

in the classes. My sympathy to her family.

Claire M Bell March 26

Claire M Bell - March 26, 2019 at 02:43 PM